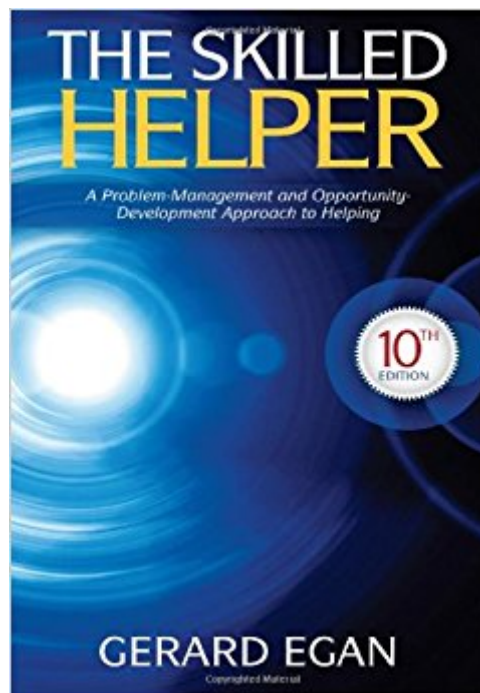




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The Skilled Helper: A Problem-Management And Opportunity-Development Approach To Helping (HSE 123 Interviewing Techniques)



Synopsis

Over the past 30 years, Egan's THE SKILLED HELPER has taught thousands of students like you a proven, step-by-step counseling process that leads to increased confidence and competence. Internationally recognized for its successful problem-management and opportunity development approach to effective helping, the text emphasizes the collaborative nature of the therapist-client relationship and uses a practical, three-stage model that drives client problem-managing and opportunity-developing action. As you read, you'll also gain a feeling for the complexity inherent in any helping relationship. In this tenth edition, Egan now makes use of his version of the "common factors" approach, which gives new meaning and vitality to the book's themes, as well as to the use of the problem-management model to organize and give coherence to those themes. Available with InfoTrac Student Collections <http://gocengage.com/infotrac>.

Book Information

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Customer Reviews

Gerard Egan, Ph.D., is Emeritus Professor of Psychology and Organizational Studies at Loyola University of Chicago. He has written over a dozen books and currently writes in the areas of communication, counseling, business and organization effectiveness, management development, leadership, the management of innovation and change, and organization politics and culture. He also conducts workshops in these areas both in the United States and abroad and is a consultant at a variety of companies and institutions worldwide.

Needed this for a psychology class- very helpful and informative, but would definitely use in conjunction with another book so you get multiple views and perspectives on the subject.

A very insightful and well written text. It is presented in such a way that takes the typical dry text read and makes it worth using in everyday practice. I appreciated the selective change in terminology to take away the clinical wording like patient and doctor and replace it with client and helper.

This textbook needs a serious grammar check. It was difficult at times to read because the grammar was incorrect and given that I'm a Graduate student, that's not a good thing.

I needed this book for class. The price here was reasonable. Thanks!

It isn't something that I absolutely love. It was a hard read. It is better than the workbook though.

Overall a great introduction to counseling. It is not really a theory but a framework approach to helping through which each counselor can work in their own way to help clients. From what I can see, there isn't a whole lot of change to the theory itself from edition to edition. What seems to change is the examples that are used (to make them more relevant to the age) and the use of technology. Overall, very easy read with great general information.

Author is repetitive and the book is poorly written. It was a boring read. I had to read it for a class and it was difficult to get through just due to its redundancy.

This book was required reading for my class that accompanied my practicum. I had already taken all of my core classes and was now in the field. For me the information was either common sense or repeated from several of my past courses. It was well-written and an easy read so it might be helpful for those who need a refresher or are recently started mental health studies.

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